



BOOK – MY BEST FRIEND

Every year, millions of books are sold and given as a present for a birthday or Christmas.

We read books...

Reading is a big **passion** for some people - we call them **bookworms**.



travelling to school or work



on holidays



waiting at our GP



during breaks at school



CHILDREN'S BOOKS

- Our first books were usually read to us by our parents or grandparents. They are called **fairytales** or **stories**, and they usually have more pictures than text.
- They take children to the world of fantasy and teach them to **distinguish** good from evil.
- Famous fairytale writer: *Hans Christian Andersen*, *Pavol Dobšinský*
- Popular fairytales: *Cinderella*, *Little Red Riding Hood*, *Snow White*, *Hansel and Gretel*



READING FICTION VERSUS NON-FICTION

NON-FICTION books

- are books that are **true**
- these books tell about **real people, real places, and real events**
- they **provide us information**, here belong: ▪ *textbooks* ▪ *dictionaries*
▪ *encyclopedias* ▪ *biographies* ▪ *self-help books* ▪ *cookery books*

FICTION books

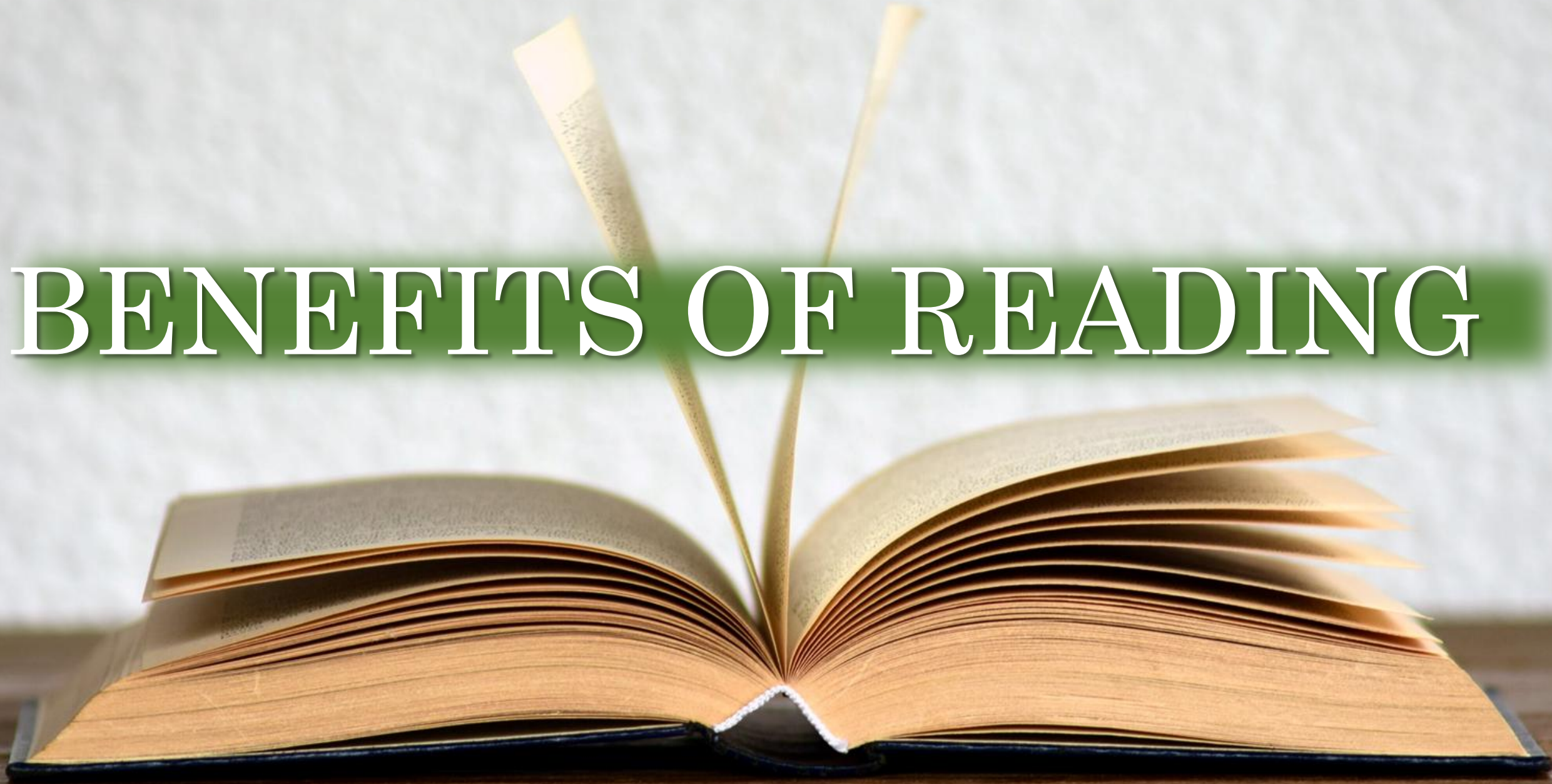
- are books that are **not true**
- these books tell a story **made up** by the author
- they are about **not real people or events**.

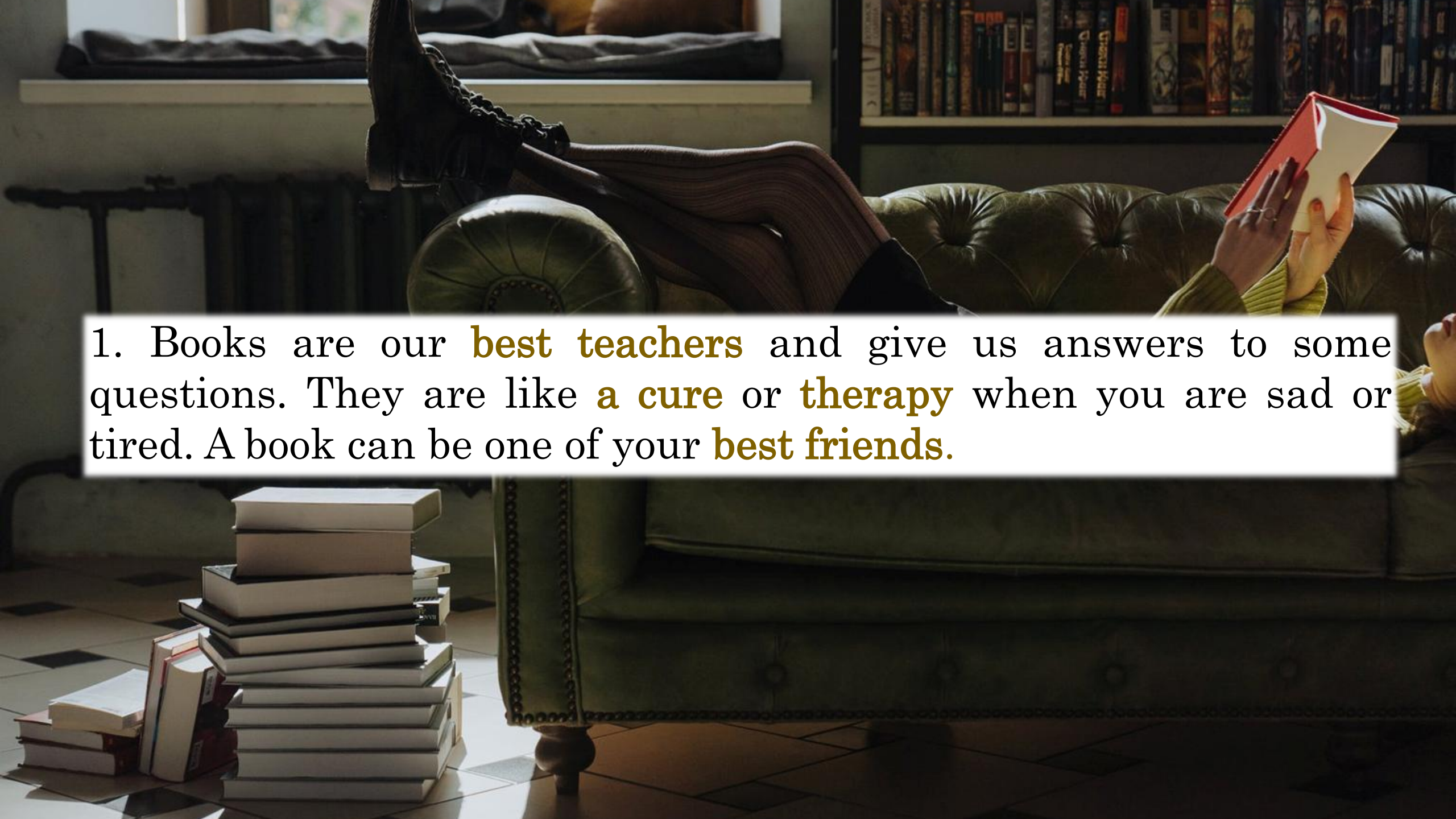
There are two types of fiction books:

- **poetry**
- **prose** ▪ *fairy tale* ▪ *novel* ▪ *short story* ▪ *legend* ▪ *fable* ▪ *drama* ▪ *comedy* ▪ *science fiction*
- Boys usually read **adventure stories** or **science fiction**.
- Girls prefer **romantic stories** or **novels**.
- Adults like reading **detective stories, historical novels** or **travel books, or biographies**



BENEFITS OF READING

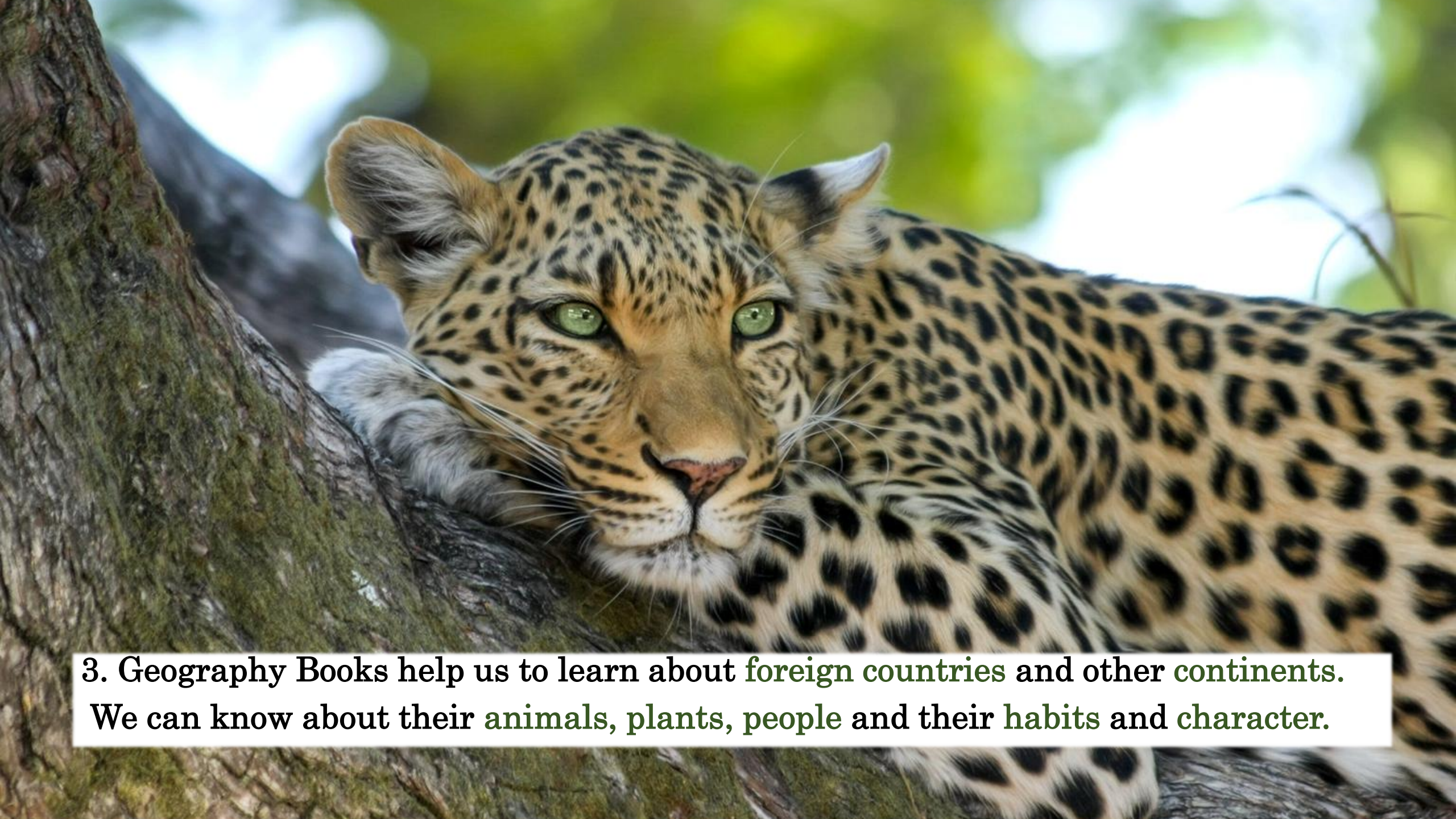


A person is lying on a green leather tufted sofa, reading a red book. Their legs are crossed, wearing brown socks and black boots. A large stack of books is on the floor next to the sofa. In the background, a bookshelf is filled with books, and a window with a white sill is visible. The floor has a black and white checkered pattern.

1. Books are our **best teachers** and give us answers to some questions. They are like **a cure** or **therapy** when you are sad or tired. A book can be one of your **best friends**.

2. Reading is **escapism**, to escape from reality is a pleasure for us these days.





3. Geography Books help us to learn about foreign countries and other continents. We can know about their animals, plants, people and their habits and character.



4. When we read widely, we **improve our vocabulary, spelling, and speaking skills** so that we can express ourselves better.

A man with dark hair and sunglasses is sitting on a paved path in a forest. He is wearing a grey t-shirt, blue jeans, and white sneakers. He is looking down at his hands, which are resting on his knees. The path is surrounded by trees and bushes, and the lighting suggests it might be late afternoon or early morning.

5. Books also **enrich our life** and **force us to think**.

6. We get **wisdom** - the more we read the wiser we become, and we make better decisions in our life



A photograph of a dirt path winding through a lush green forest. Sunlight filters through the dense canopy of trees, creating a warm, golden glow and long shadows on the path. The path is flanked by tall grass and various trees, leading into the distance. A semi-transparent white banner with black text is overlaid across the middle of the image.

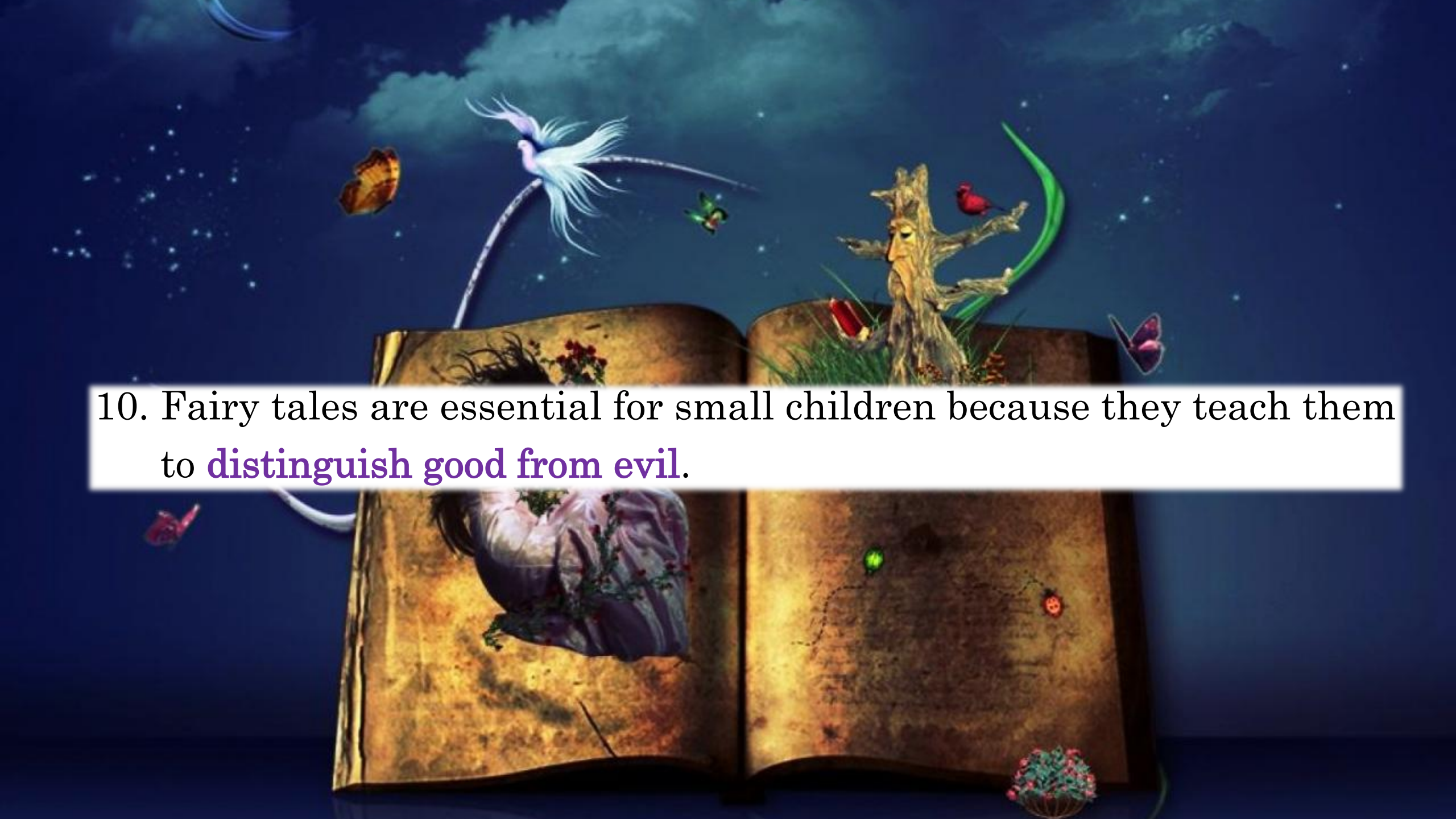
7. Reading trains our **imagination**. You can imagine your world.

8. We learn about **good values** because books help us make differences between good and bad things.



A couple is seen from behind, sitting closely together on a wooden bench on a sandy beach. They are looking out at the ocean, where waves are breaking. The man is wearing a dark jacket and the woman is wearing a light pink jacket. The scene is peaceful and romantic.

9. Books help us to **understand others' feelings and emotions**,
we boost empathy



10. Fairy tales are essential for small children because they teach them to **distinguish good from evil.**

CRISIS OF READING





1. Books are **more and more expensive**, and people **cannot afford** to buy them.



2. People say that reading books is a **time-consuming activity** that takes a few days or weeks. Instead of reading books **they prefer watching films** because it takes just one or two hours and everything is **ready for you on the screen.**



A photograph of two young men sitting on a stone ledge outdoors. The man on the left, wearing a grey hoodie and dark pants, is holding a pen and writing in a small notebook. The man on the right, wearing a tan jacket over a brown shirt and dark pants, is looking at a laptop screen. He has large black headphones around his neck. They are both focused on their work. The background is a blurred green lawn and a stone wall.

3. Many people prefer **looking up information** on the Internet.

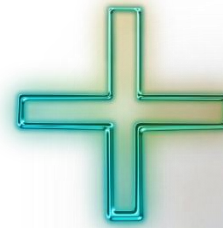


4. There is also **discussion** about e-books, printed books and audiobooks.

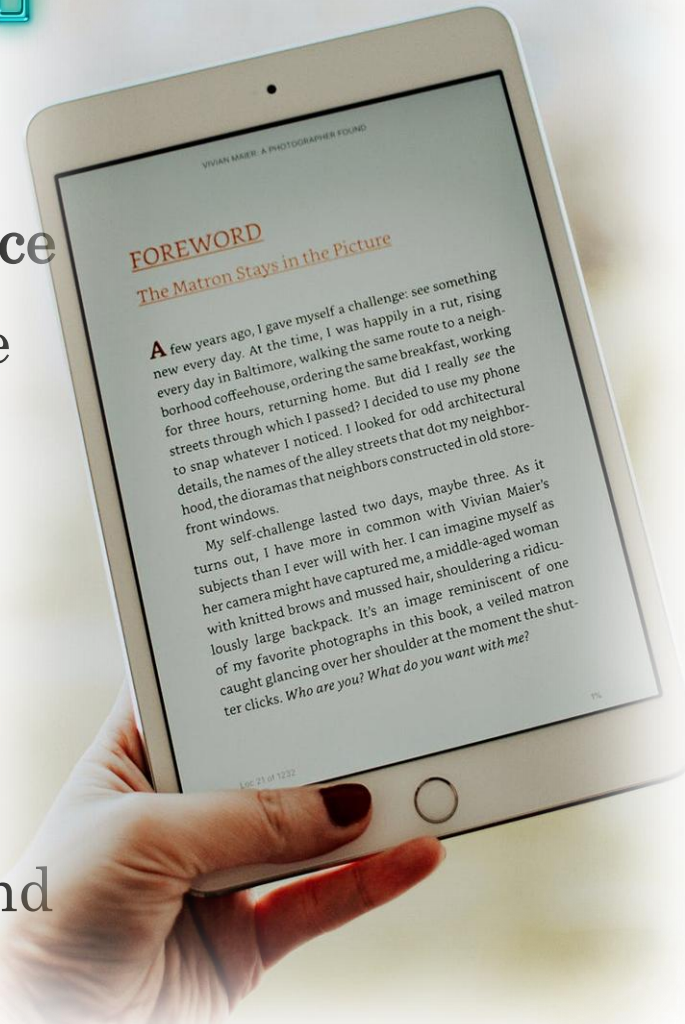


e-Books

Pros about e-books



- + **Capacity** - you can keep/ store thousands of books on one device
- + **Portability** – they are small and light so that you can take the books with you wherever you go
- + **Free books** - they are cheaper than paper books or for free
- + you can make words bigger – **to enlarge** them
- + **It's comfortable** – you don't need to go to the library or a bookshop to get a book.
- + **Foreign language learning** – you don't have to stop reading and stand up for a dictionary for a word you didn't understand. You click the word and a window displays the definition of the word.



e-Books

Cons about e-books

- you need a special handheld **device** called **an e-reader** to read a book. It is quite expensive.
- **They may damage your eyesight** if you don't use a high-quality e-reader
- **e-Books require power.** You have to **recharge** the battery in your e-reader
- **Not all book formats are compatible with the reader.** Every e-book reader allows different formats of text files to be read. Examples of format types are PDF, WOrd, HTML, etc.



Printed Books

- AmE – hardcover / BrE – hardback
- AmE – softcover / BrE – paperback
- they last forever are irreplaceable and timeless
- many people like to hold them, touch the pages and smell them, even if it seems to be old-fashioned
- there is just one disadvantage – printed books take up a lot of space at home



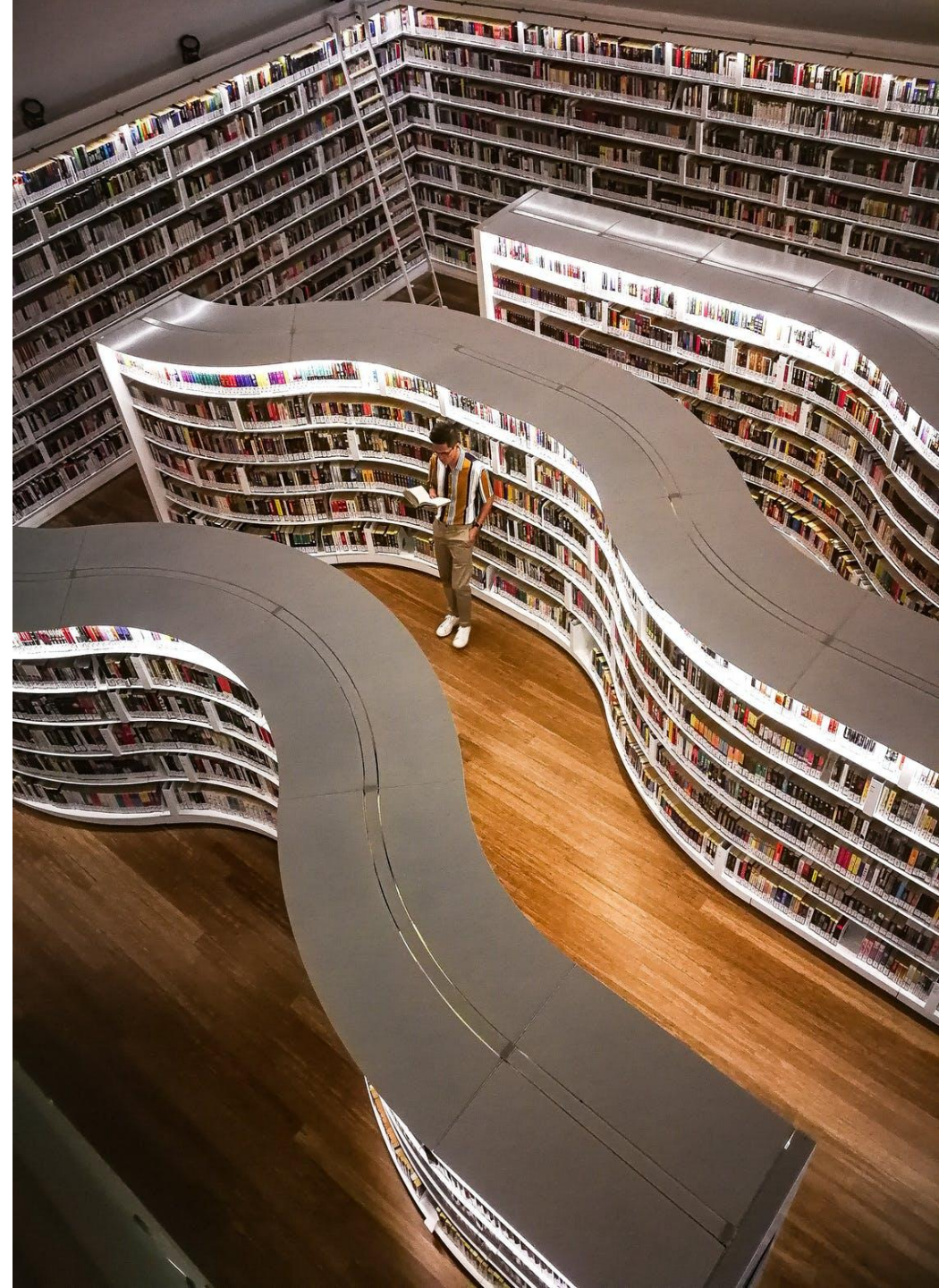
Audiobooks

- are very useful and practical, especially for **blind people** or people with **eye problems**
- **help with time management** - you can listen to the story when you are driving, cooking, relaxing
- **help in training our listening muscles** so that you can become a better listener when it comes to conversations with your friends or teachers
- **make students better at pronunciation**



Where to get a book?

- Books can be bought in a **small specialised stone bookshop** or a **big shopping centre**. People can have a cup of tea or coffee there and sometimes see a new book presentation.
- We can get a book via the **Internet** by **purchasing it** or **downloading it for free**.
- Some people still borrow books from **a library**. Libraries store books, magazines, and newspapers. If you want to borrow a book, you will pay a small **fee** and get a **library card**. You also have to respect a **lending period**.



The Nobel Prize in Literature

- Every year, the Swedish Academy **announces the Nobel Prize winners** for literature. Winning the Nobel Prize for literature is one of the highest **honours** for a writer.
- Some of the Nobel Prize winners are:
 - **Ernest Hemingway** for his book:
The Old Man and the Sea,
 - **John Steinbeck**, ▪ **Samuel Becket**, ▪ **Pablo Neruda**.



MY FAVOURITE STORY – FABLE



Fable is a short story that teaches a lesson/ a moral.

AESOP Fable: "The Bear and Two Travellers "

Two travellers were strolling along a country road. They were going to the city because they were looking for work. They were tired, and they were hungry. Suddenly, in the woods in front of them, they saw a giant bear. The men were terrified. One of them ran away, climbed a tree, and hid. The other man fell to the ground and pretended to be dead. The bear came towards him. It bent down, sniffed him, and whispered something in his ear. Then it wandered away. The other man came down from his tree and went to see how his friend was. "The bear gave me some advice," said his friend. "He said, 'Next time you go on a journey with someone who won't leave you at the first sign of danger.'"

THE MORAL OF THIS STORY IS:

"Choose your friend carefully. "& "A friend in need is a friend indeed. "