



BOOK - MY BEST FRIEND

Every year, millions of books are sold and given as a present for a birthday or Christmas.

We read books...

Reading is a big **passion** for some people - we call them **bookworms**.



travelling to school or work



on holidays



during breaks at school



waiting at our GP



CHILDREN'S BOOKS

- Our first books were usually read to us by our parents or grandparents. They are called **fairytales** or **stories**, and they usually have more pictures than text.
- They take children to the world of fantasy and teach them to **distinguish** good from evil.
- Famous fairytale writer: *Hans Christian Andersen, Pavol Dobšinský*
- Popular fairytales: *Cinderella, Little Red Riding Hood, Snow White, Hansel and Gretel*



READING FICTION VERSUS NON-FICTION

NON-FICTION books

- are books that are **true**
- these books tell about **real people, real places, and real events**
- they **provide us information**, here belong:
 - *textbooks*
 - *dictionaries*
 - *encyclopedias*
 - *biographies*
 - *self-help books*
 - *cookery books*

FICTION books

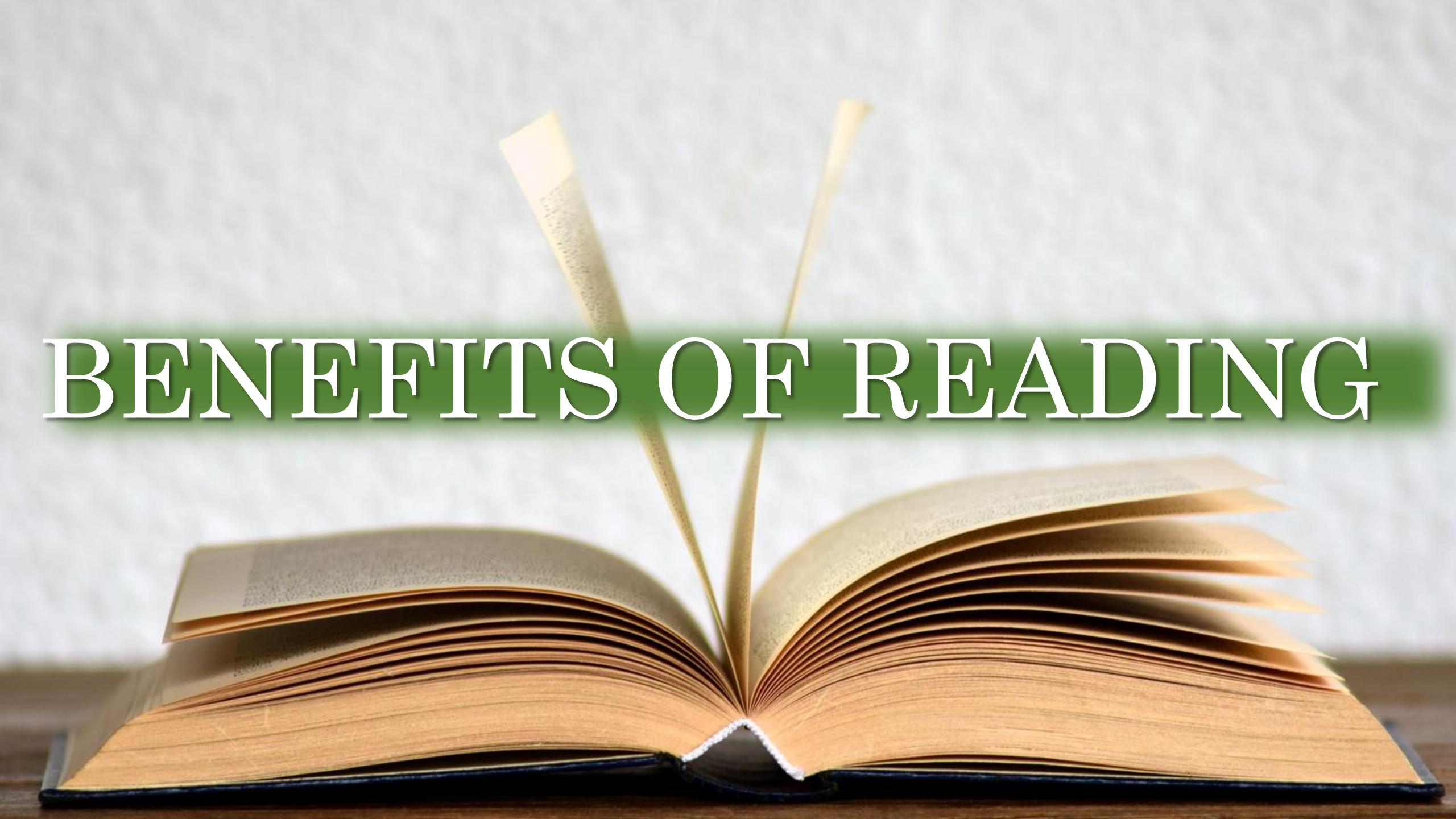
- are books that are **not true**
- these books tell a story **made up** by the author
- they are about **not real people or events**.

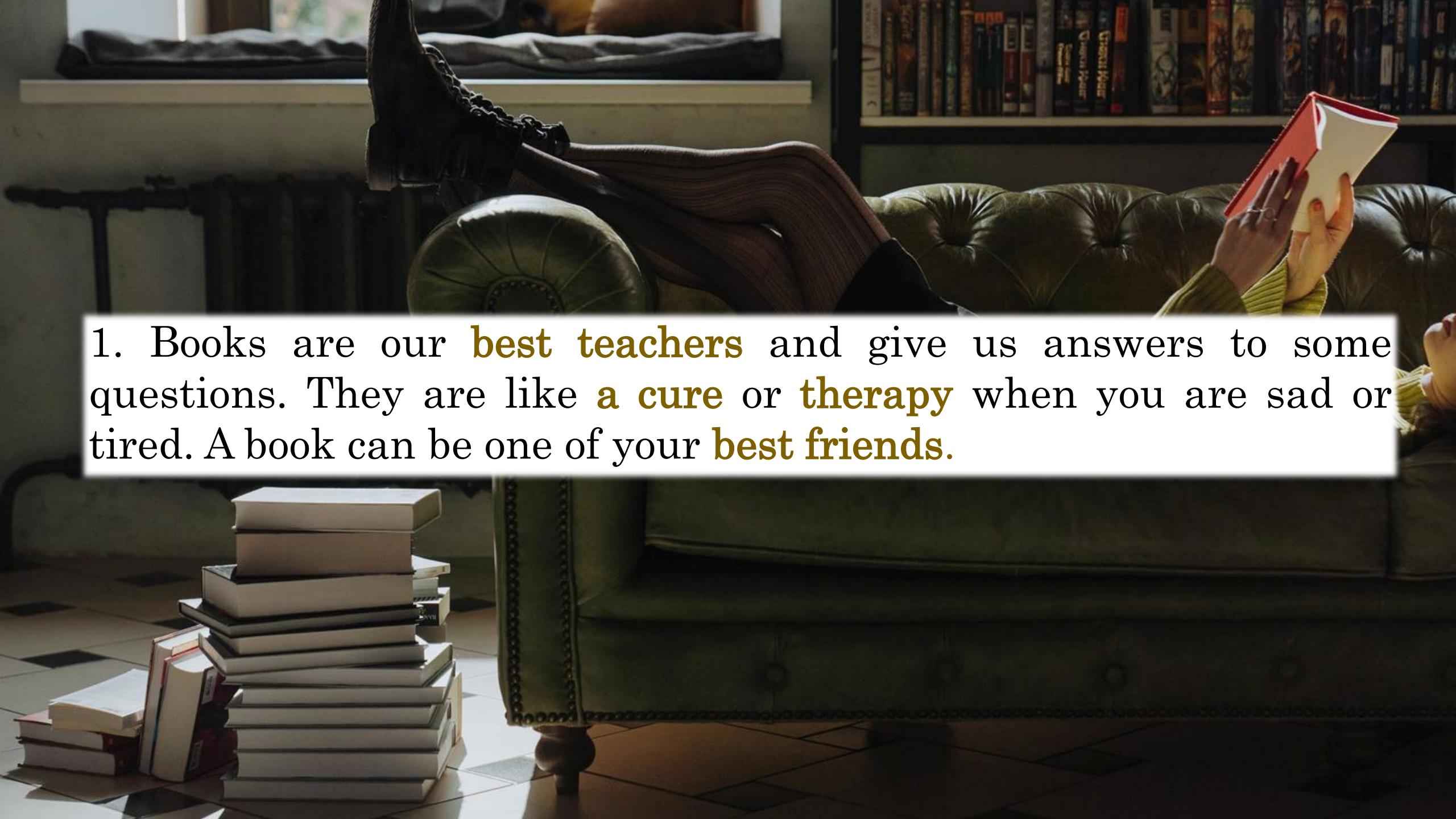
There are two types of fiction books:

- **poetry**
- **prose** ▪ *fairy tale* ▪ *novel* ▪ *short story* ▪ *legend* ▪ *fable* ▪ *drama* ▪ *comedy* ▪ *science fiction*
- Boys usually read **adventure stories** or **science fiction**.
- Girls prefer **romantic stories** or **novels**.
- Adults like reading **detective stories**, **historical novels** or **travel books**, or **biographies**



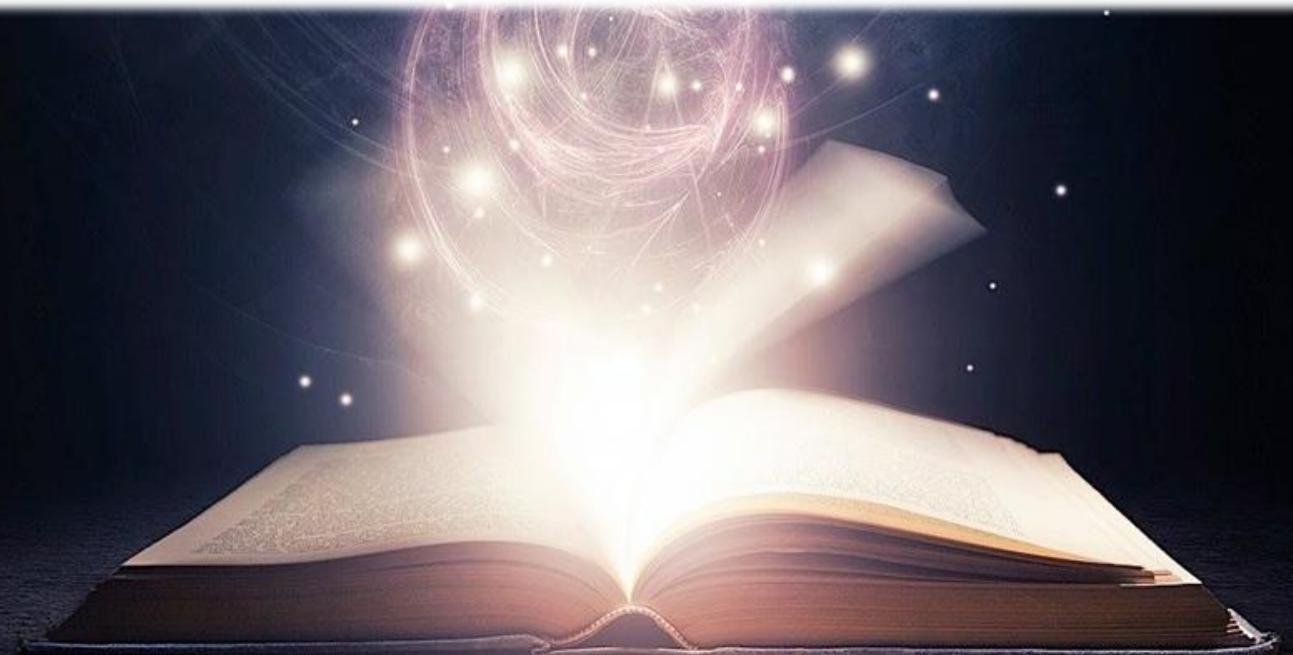
BENEFITS OF READING





1. Books are our **best teachers** and give us answers to some questions. They are like **a cure** or **therapy** when you are sad or tired. A book can be one of your **best friends**.

2. Reading is **escapism**, to escape from reality is a pleasure for us these days.





3. Geography Books help us to learn about foreign countries and other continents. We can know about their animals, plants, people and their habits and character.



4. When we read widely, we **improve our vocabulary, spelling, and speaking skills** so that we can express ourselves better.

A photograph of a person sitting on a paved path in a forest. The person is seen from the back, wearing a grey t-shirt, blue jeans, and white sneakers with a black swoosh. They are sitting with their legs crossed and arms resting on their knees. The path is surrounded by tall trees and greenery. The lighting suggests it might be late afternoon or early morning. A white rectangular box is overlaid on the image, containing the text.

5. Books also **enrich our life** and **force us to think.**

6. We get **wisdom** - the more we read the wiser we become, and we make better decisions in our life

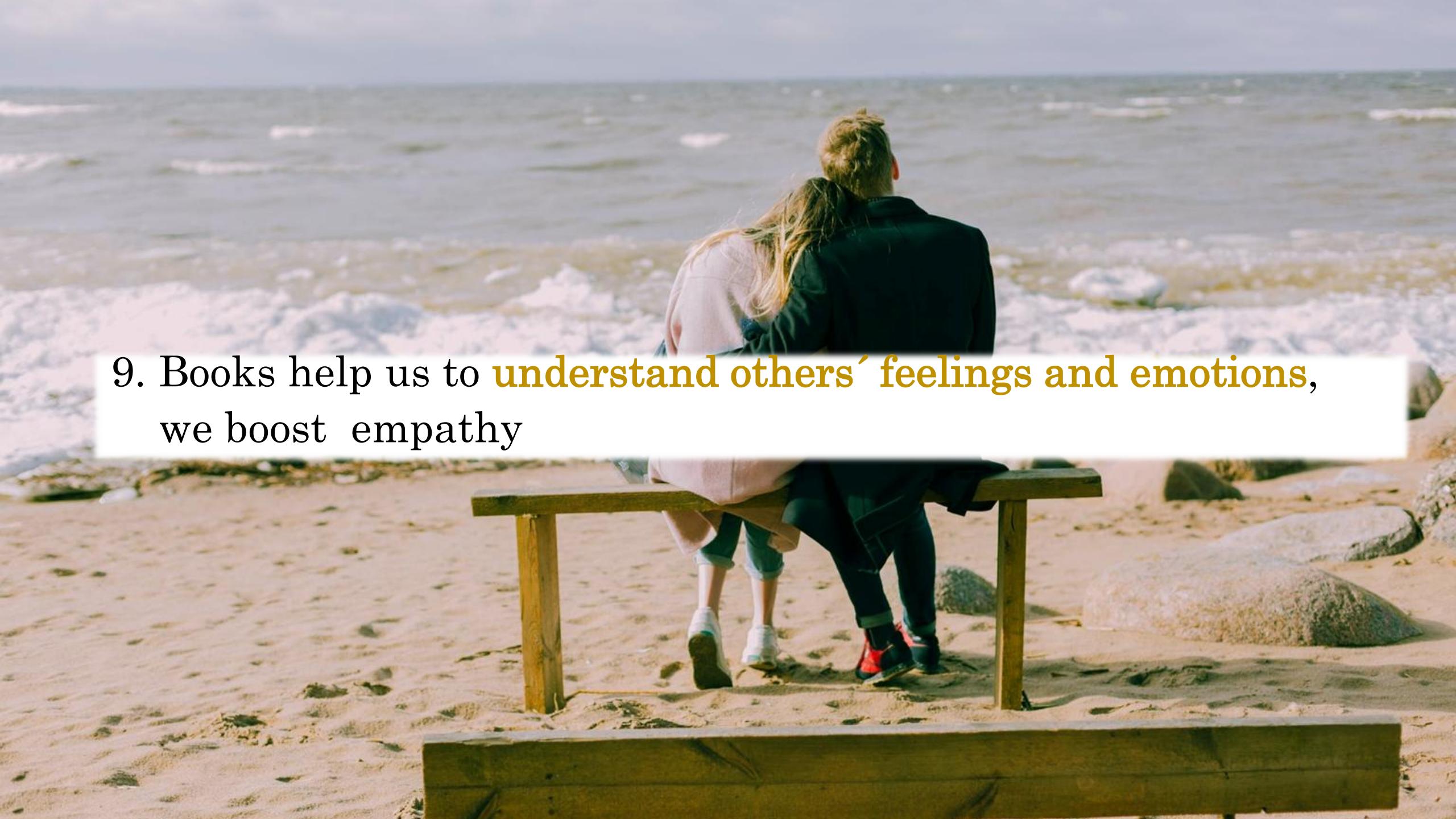


A photograph of a sunlit forest path. The scene is framed by tall, dark evergreen trees on the right and a mix of deciduous and evergreen trees on the left. A bright, golden-yellow beam of sunlight cuts through the canopy, illuminating the path ahead and casting dappled light and shadows on the surrounding green grass and fallen leaves. The overall atmosphere is peaceful and suggests a natural, outdoor setting.

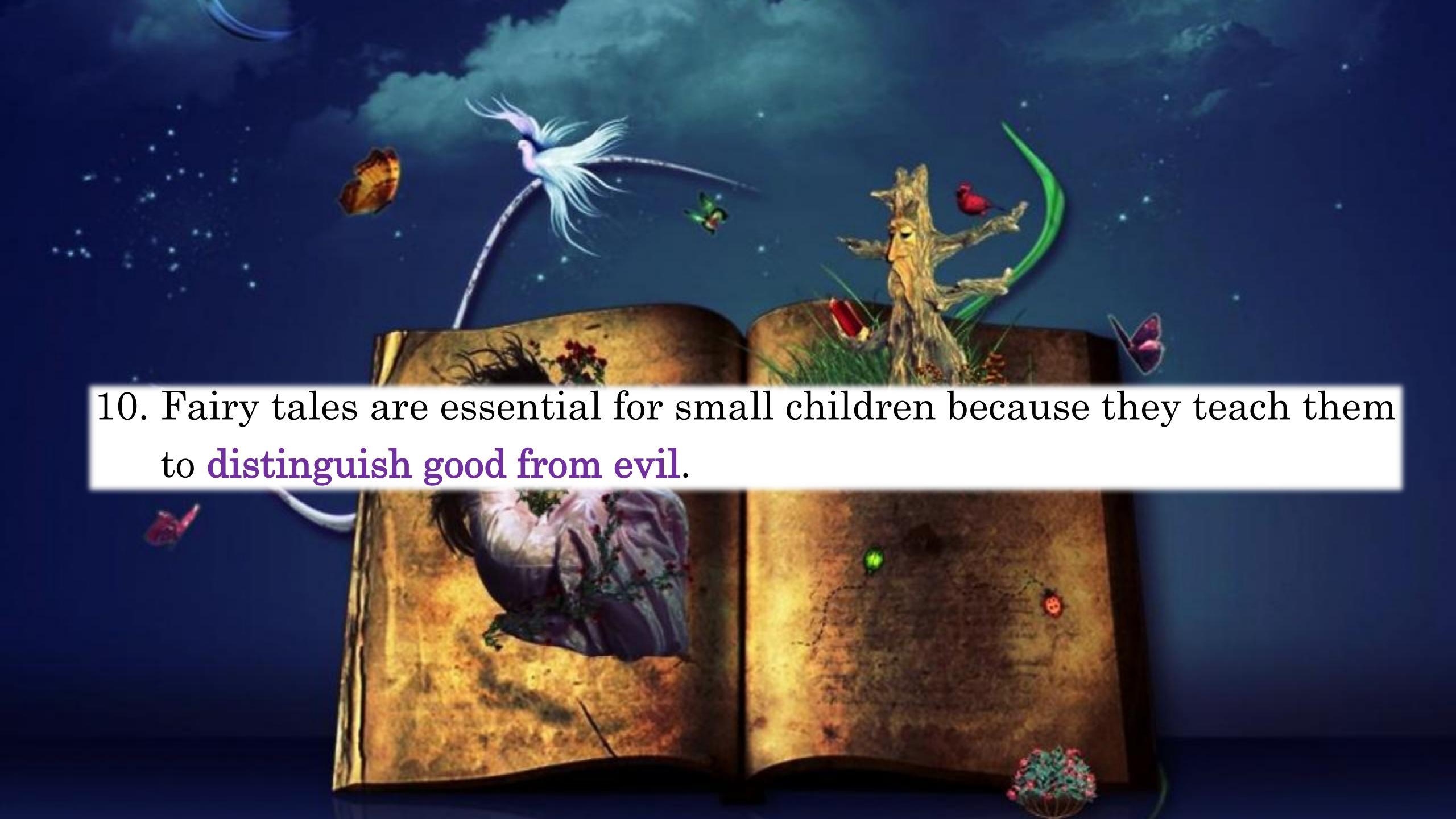
7. Reading trains our **imagination**. You can imagine your world.

8. We learn about **good values** because books help us make differences between good and bad things.



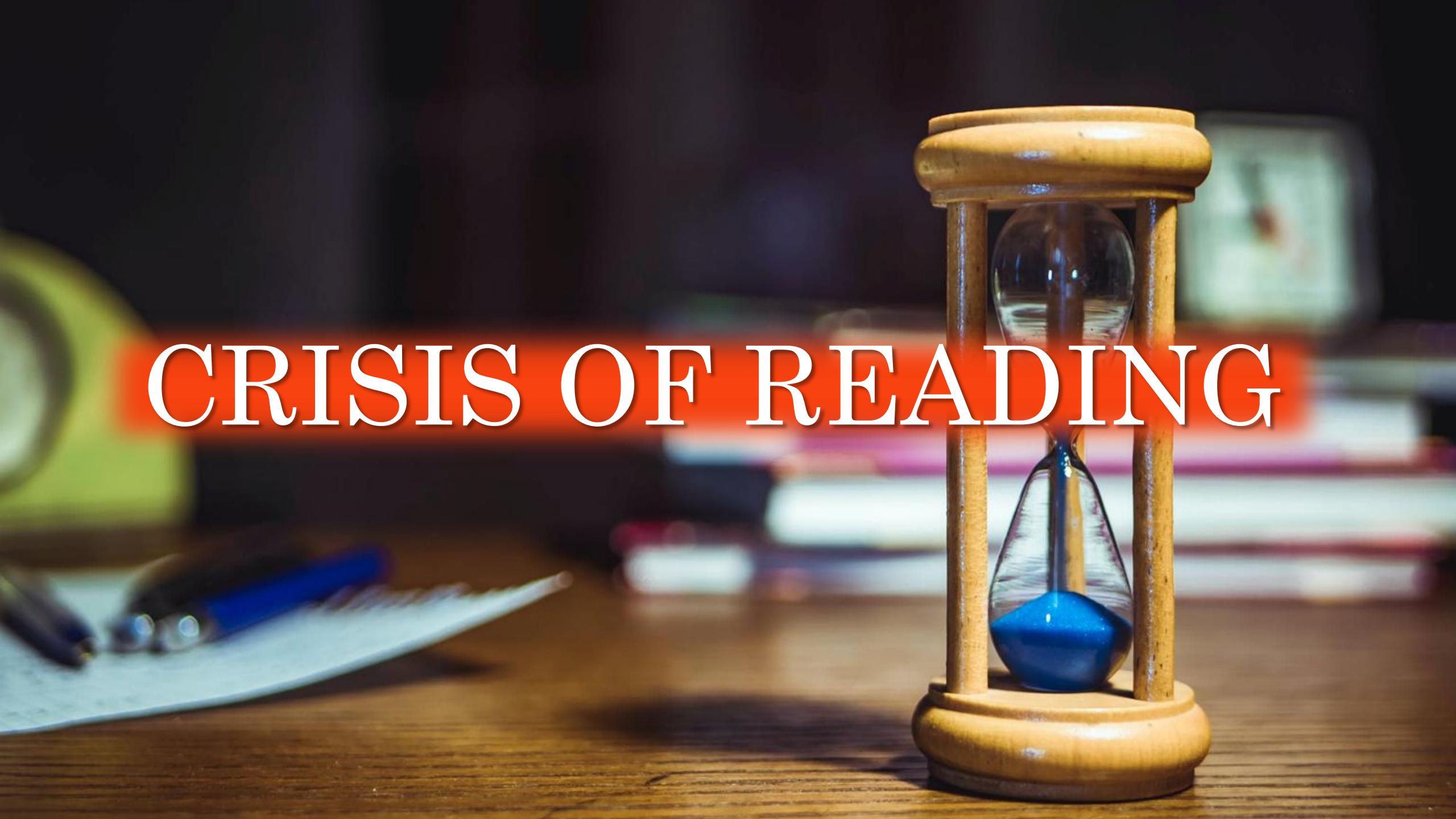
A photograph of a couple sitting on a wooden bench on a sandy beach. They are facing away from the camera, looking out at the ocean. The woman is wearing a pink jacket and blue jeans, and the man is wearing a dark jacket and dark pants. The ocean is visible in the background with waves crashing on the shore.

9. Books help us to **understand others' feelings and emotions**, we boost empathy



10. Fairy tales are essential for small children because they teach them to **distinguish good from evil**.

CRISIS OF READING





1. Books are **more and more expensive**, and people **cannot afford** to buy them.

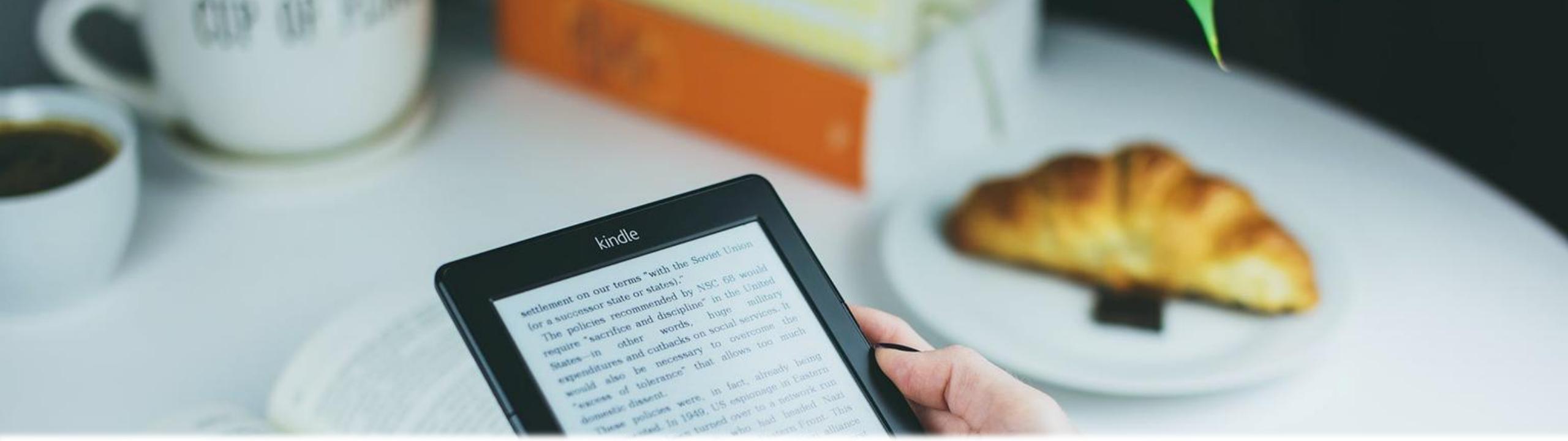


2. People say that reading books is a **time-consuming activity** that takes a few days or weeks. Instead of reading books **they prefer watching films** because it takes just one or two hours and everything is **ready for you on the screen**.



A photograph of two young men sitting outdoors on a concrete ledge. The man on the left, wearing a grey hoodie, is looking down at a small notebook and writing with a pen. The man on the right, wearing a tan jacket and headphones around his neck, is looking at a laptop screen. They appear to be studying or working together. The background is a blurred outdoor setting with green grass and a building.

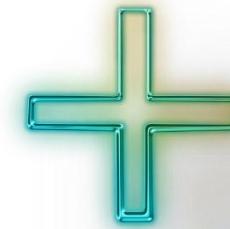
3. Many people prefer **looking up information** on the Internet.



4. There is also **discussion** about e-books, printed books and audiobooks.



e-Books



Pros about e-books

+ Capacity - you can keep/ store thousands of books on one device

+ Portability – they are small and light so that you can take the books with you wherever you go

+ Free books - they are cheaper than paper books or for free

+ you can make words bigger – **to enlarge** them

+ It's comfortable – you don't need to go to the library or a bookshop to get a book.

+ Foreign language learning – you don't have to stop reading and stand up for a dictionary for a word you didn't understand. You click the word and a window displays the definition of the word.



A few years ago, I gave myself a challenge: see something new every day. At the time, I was happily in a rut, rising every day in Baltimore, walking the same route to a neighborhood coffeehouse, ordering the same breakfast, working for three hours, returning home. But did I really *see* the streets through which I passed? I decided to use my phone to snap whatever I noticed. I looked for odd architectural details, the names of the alley streets that dot my neighborhood, the dioramas that neighbors constructed in old storefront windows.

My self-challenge lasted two days, maybe three. As it turns out, I have more in common with Vivian Maier's subjects than I ever will with her. I can imagine myself as her camera might have captured me, a middle-aged woman with knitted brows and mussed hair, shouldering a ridiculously large backpack. It's an image reminiscent of one of my favorite photographs in this book, a veiled matron caught glancing over her shoulder at the moment the shutter clicks. *Who are you? What do you want with me?*

e-Books

Cons about e-books

- you need a special handheld **device** called **an e-reader** to read a book. It is quite expensive.
- **They may damage your eyesight** if you don't use a high-quality e-reader
- **e-Books require power.** You have to recharge the battery in your e-reader
- **Not all book formats are compatible with the reader.** Every e-book reader allows different formats of text files to be read. Examples of format types are PDF, WOrd, HTML, etc.



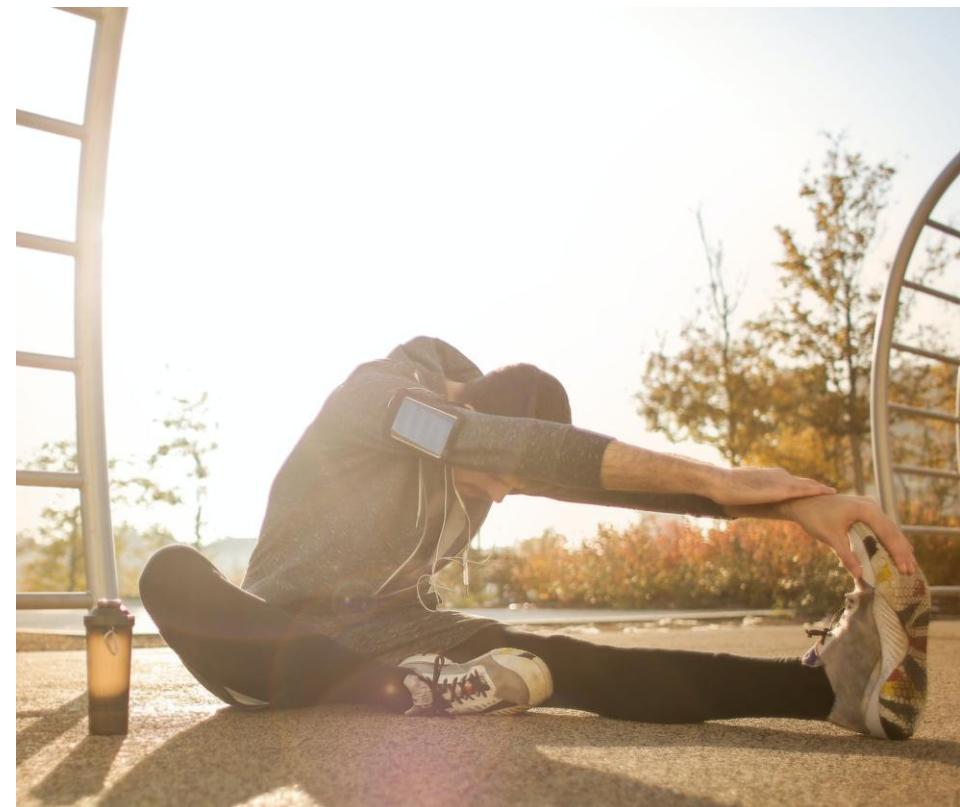
Printed Books

- AmE – hardcover / BrE – hardback
- AmE – softcover / BrE – paperback
- they last **forever** are **irreplaceable** and **timeless**
- many people like to **hold** them, **touch the pages** and **smell** them, even if it seems to be old-fashioned
- there is just **one disadvantage** – printed books take up a lot of space at home



Audiobooks

- are very useful and practical, especially for **blind people** or people with **eye problems**
- **help with time management** - you can listen to the story when you are driving, cooking, relaxing
- **help in training our listening muscles** so that you can become a better listener when it comes to conversations with your friends or teachers
- **make students better at pronunciation**



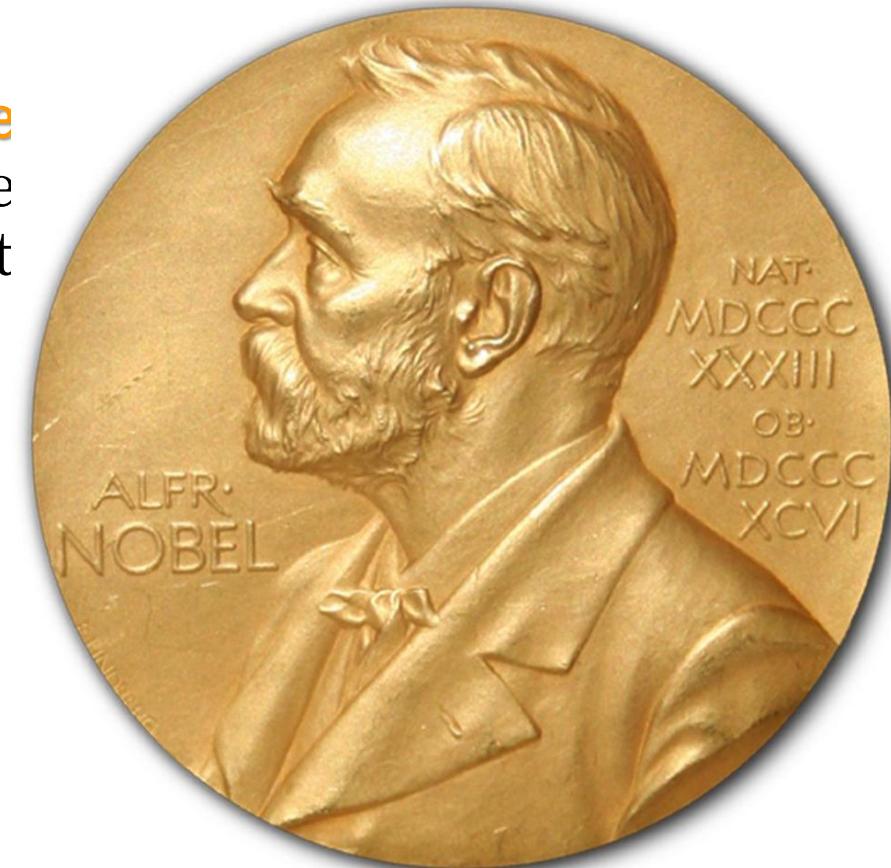
Where to get a book?

- Books can be bought in a **small specialised stone bookshop** or a **big shopping centre**. People can have a cup of tea or coffee there and sometimes see a new book presentation.
- We can get a book via the **Internet** by **purchasing it** or **downloading it** for free.
- Some people still borrow books from a **library**. Libraries store books, magazines, and newspapers. If you want to borrow a book, you will pay a small **fee** and get a **library card**. You also have to respect a **lending period**.



The Nobel Prize in Literature

- Every year, the Swedish Academy **announces the Nobel Prize winners** for literature. Winning the Nobel Prize for literature is one of the highest **honours** for a writer.
- Some of the Nobel Prize winners are:
 - Ernest Hemingway for his book:
The Old Man and the Sea,
 - John Steinbeck, ▪ Samuel Becket, ▪ Pablo Neruda.



MY FAVOURITE STORY – FABLE



Fable is a short story that teaches a lesson/ a moral.

AESOP Fable: "The Bear and Two Travellers "

Two travellers were strolling along a country road. They were going to the city because they were looking for work. They were tired, and they were hungry. Suddenly, in the woods in front of them, they saw a giant bear. The men were terrified. One of them ran away, climbed a tree, and hid. The other man fell to the ground and pretended to be dead. The bear came towards him. It bent down, sniffed him, and whispered something in his ear. Then it wandered away. The other man came down from his tree and went to see how his friend was. "The bear gave me some advice," said his friend. "He said, 'Next time you go on a journey with someone who won't leave you at the first sign of danger.'"

THE MORAL OF THIS STORY IS:

"Choose your friend carefully. "& "A friend in need is a friend indeed. "